ARTS TO GO – OUTDOORS CHALLENGE

AN ARTS CHALLENGE
FROM THE BC TRAINING/PROGRAM COMMITTEES
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GET OUTDOORS!

Take the Arts to Go Challenge Outdoors or bring the Outdoor Arts into your Unit meeting!

The Arts to Go toolbox, which is packed with quick and simple choices to enhance your adventure for music, dancing, crafts and drama, was revised by the BC Program Committee and published on the BC Girl Guides website in 2013. You can find this resource split between four pdf files on the Unit Guider Resources page.

EARNING YOUR ARTS TO GO – OUTDOORS CHALLENGE

Take a hike with your Arts to Go!

Select one item from each of the four (or more) outdoor activities – at least one from each section (Music, Drama, Dance, Crafts).

Want to see what is out there? Feel free to explore the Arts to Go resources and enter your activities as “Adventures” from the appropriate section.

When you have completed the four (or more!) activities, complete the BC Crests Order Form found at http://www.bc-girlguides.org/ (click on Program > Challenges & Activities > Provincial Challenges) on the BC Girl Guides website. Instructions on how to order the crests are provided on the form.

Ideas for the Challenge

- Network: Use your resources wisely – involve Rangers, Trex, Trainers, other Guiders and community resource people to help with these activities.
- Use the Arts to accomplish program activities. The Arts to Go resources contain references to program goals for suggested activities.
- There are audio links in the Arts to Go – Music resource – play them! Have the music playing as the girls arrive for a meeting, play it while doing crafts, play it just for fun and soon you’ll be singing along with Guiding’s Greatest Hits!

For more information, contact the BC Program Committee.

Now - Get Outdoors!
Hike – Music

Let’s sing as we hike along!

- **Tall Trees** – *Songs for Canadian Girl Guides* (page 41)
  - Lyrics: [http://guidingjewels.ca/resources/songs/593-song-tall-trees](http://guidingjewels.ca/resources/songs/593-song-tall-trees)

- **Cuckoo** – *Jubilee Song Book* (page 39)

- **Listen to the Earth** – *Celebrate with Song* (page 54)
  - Music: [http://tuneguide.e-guiding.com/listen.mp3](http://tuneguide.e-guiding.com/listen.mp3)

- **Adventures:** ________________________________

Campfire – Drama

Activities for campfires.

- **In A Cottage In A Wood** – *Sing a Song with Sparks and Brownies* (page 13)
  - Instructions: [http://dragon.sleepdeprived.ca/songbook/songs3/S3_77.htm](http://dragon.sleepdeprived.ca/songbook/songs3/S3_77.htm)

- **Paper Bag Skits** – *Arts to Go – Drama* (page 16)
  - Drama Games for Older Girls section

- **Participation Story** – *Arts to Go – Drama* (page 13)
  - Drama Games for Younger Girls section

- **Adventures:** ________________________________
Critters – Dance
Learn (or modify) a dance, use the Let’s Dance CD or Dance, Dance, Dance CD or create a dance using the music found in Arts to Go – Music.

- If You Should Meet an Elephant – Sing a Song with Sparks and Brownies (page 26) and Appendix

- Four White Horses – dance steps in Celebrate with Song (page 124) and Appendix
  - Video: [http://www.mamalisa.com/blog/four-white-horses-caribbean-folk-song/](http://www.mamalisa.com/blog/four-white-horses-caribbean-folk-song/)

- Weevily Wheat – dance steps in Celebrate with Song (page 128) and Appendix

- Adventures: ________________________________

Cookin’ Crafts
Use the craft section of the Arts to Go – Crafts resource or search online for ideas. Make one of the following.

- Sand Candles

- Tie Dying

- Grace Placemats

- A craft using the three R’s – Reduce, Reuse, Recycle

- Adventures: ________________________________
APPENDIX: DANCE INSTRUCTIONS

If You Should Meet an Elephant – Sing a Song with Sparks and Brownies (page 26)

If you should meet an elephant on a summer’s day
What would you do?
What would you say?

I’d say, “Good morning, Elephant,
How do you do?
I’m glad to meet you, Elephant,
I’d like to dance with you.”

Formation:
A double circle is formed with partners facing each other. The inner circle sings the first verse, wagging their "trunks" (hands clasped, arms extended) in time to the music. The outer circle replies, bowing on "Good Morning", shaking hands with the "trunk" on "How do you do?" then joining right hands, the partners skip around each other, everyone singing for the last line. Switch the circles and sing it again!

Four White Horses – Celebrate With Song (page 124)

Four white horses on the river,
Hey, hey, hey, up tomorrow,
Up tomorrow is a rainy day.
Come on up to the shallow bay.

Shallow bay is a ripe banana,
Up tomorrow is a rainy day.

Clapping Game:
In a set of four, with partners facing each other across the middle, couple #1 claps up first, then hands together, then down, etc.
Couple #2 claps down first, then hands together, then up etc. The pattern is repeated every two measures.

Clap: partners, own, partners, own, side, own, thighs, own.

Use this pattern or experiment and make up your own.
Weevily Wheat – Celebrate With Song (page 128)

Don't want your weevily wheat,
Don't want your barley,
Take some flour in a half an hour
And bake a cake for Charlie.

1. Five times five is twenty-five
   Five times six is thirty
   Five times seven is thirty-five
   Five times eight is forty.

2. Five times nine is forty-five
   Five times ten is fifty
   Five times eleven is fifty-five
   Five times twelve is sixty.

Formation:

Children stand in groups of fours in circle formation and number off.

1. Don't want ….. all join hands and step clockwise
2. Take some……all reverse direction
3. Five Times Five…. All stand in place and layer hands in the center to the beat:

Child 1 puts left hand in, 2 puts left hand on top, followed by 3 and 4. All in turn then layer right hands, after which they layer left hands again by pulling out their hands from the bottom of the pile in turn and continue until the end of the verse.

These actions are repeated for the chorus and verse 2.
PROGRAM CONNECTIONS

The Arts to Go resources on the BC Girl Guides website contain a comprehensive list of program connections which link to Music, Drama, Dance and Crafts. We encourage you to review this resource to determine which parts of the program you have accomplished by completing this challenge.